

# Pathways Real Life Recovery Offers Meth Addiction Treatment in Utah

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Is meth addiction something that is affecting you, your life, or your loved one? The caring staff and counselors at **Pathways Real Life Recovery in Utah specialize in the treatment of powerful methamphetamine addictions**. We offer [inpatient](#) and [outpatient treatment](#) to aid you in **overcoming your methamphetamine addiction**.

Pathways Real Life Recovery uses a detailed approach aimed at targeting three areas involved with the path to recovery from meth addiction.

1. Our highly trained counselors help you uncover the underlying causes of your drug addiction.
2. We work through the complete process your meth addiction disease has taken.
3. Then we build customized treatment plans focused on battling your addiction's below-surface causes and real-life consequences.

If methamphetamine addiction is threatening your livelihood, happiness, and life, contact Pathways Real Life Recovery in Utah. **We offer a completely free assessment opportunity to identify your needs and how we can best help you proceed forward to a healthier, happier you.**

## Methamphetamine Addiction

Methamphetamine has several identifying characteristics, including alternate names and ways it's put into the body. **Also, know as a tweak, or speed, meth presents itself in a white or light brown color**. It's an odorless crystalline powder with a bitter taste. Ways that Individuals take this drug by smoking, injecting, inhaling, or swallowing. This stimulant is highly addictive no matter how it's taken into your system. Meth affects the striatum of the brain, an area of great necessity to your memory and body movement. It takes away the individual's need for sleep, at least the body's regular sleep requirements to function well. The meth abuser can do an unusual amount of activity at one stretch of time without resting; in effect staying awake and hyperactive far past what is normally possible. Meth does this by affecting the dopamine in your brain's striatum, dramatically reducing the dopamine's binding to its dopamine transporters.

## Crystal Methamphetamine

Crystal meth is methamphetamine in a crystalline form. It powerfully affects the body's central nervous system and is a stimulant with incredible addictive qualities. Some of its alternate names are crystal, glass, ice, and shards.

## Signs of Methamphetamine Abuse

If you're attempting to determine whether a friend or loved one has become a meth abuser, there are some



physical signs to search for. Signs of methamphetamine abuse include the following:

- Small quantities of white powder, crystals, or syringes
- Small, crumpled pieces of aluminum foil
- Soda cans that have a hole in their sides
- The remains of ball-point pen shafts, used for inhaling the drug through the nose

### **The Warning Signs of Meth Abuse**

A meth abuser's physical appearance will change. Some of these changes are highly noticeable. They include:

- **Skin Picking:** The effects of picking their skin in an obsessive-compulsive manner leave what may appear to be an excessive case of acne. Open, "popped" sores may appear to be pimples at first glance.
- **Complaints of Skin Crawling:** This is known as formication, which means basically that the abuser feels their skin crawling, literally, and may often complain of such.
- **Tooth Loss and Decay:** This condition is known also as "meth mouth." It refers to just what it sounds like, the deterioration of the teeth to an unpleasant level.
- **Loss of Hair:** The meth abuser is ingesting an extreme amount of unusual chemicals. This along with the lack of proper nutrition experienced by this behavior results frequently in noticeable hair loss.

If meth is abused over a period of time, other symptoms may come into play, some more obvious than others, yet all of them quite serious. These symptoms include:

- Addiction
- Loss of memory
- Aggressive behavior ... violent behavior
- Unexplained mood disruptions
- Repetitive motor activity
- Changes to the brain's actual structure and function
- Even paranoia and hallucinations

### **Co-Occurring Disorders**

Unfortunately, meth addicts may be suffering from additional disorders that co-exist with their debilitating addiction. These mental illnesses are often undiagnosed or undertreated (or not treated currently). Some of these illnesses are the following:

- [Conduct disorders](#)

### **Treatment for Methamphetamine Addiction**

Being addicted to meth is one of the hardest addictions to break. Meth addiction represents a medical disease with serious consequences to navigate. Here at Pathways Real Life Recovery, we believe that complete rehabilitation involves more than breaking the desire to ingest meth. It also factors in the whole experience we humans live under — the emotional, physical, and spiritual.

Addiction of any kind usually affects not just the abuser but also the family, which is why Pathways Real Life Recovery involves both in its rehabilitative approach to therapy. Our therapy treatments include the following:



Seeking Methamphetamine Treatment?

**Call (801)-895-3006**

a caring recovery adviser is available 24/7



## Reclaim Your Life and Sobriety – Pathways Real Life Recovery is a Meth Addiction Treatment Center in Utah

Pathways Real Life Recovery approaches meth addiction from a variety of caring perspectives. It's how we've learned to best help our patients [overcome their drug addictions](#) and begin a new life post dependency. Every patient of ours automatically receives our comprehensive care, respect, and confidentiality.

We are staffed with caring and knowledgeable specialists, medical doctors, marriage and family counselors, life coaches, experts, social workers, and trauma professionals. And **our rehabilitation's success rate is 85%**. Are you or your loved one struggling with this addiction and its effects on families? If you're ready to experience freedom from meth, [contact Pathways Real Life Recovery in Utah](#) for a **FREE individual assessment** by calling 801-895-3006. Please be assured we also [take most health insurance plans](#).