

# Methadone Addiction Recovery in Utah+

 [pathwaysreallife.com/methadone-addiction-recovery-utah/](http://pathwaysreallife.com/methadone-addiction-recovery-utah/)

Are you or a loved one suffering from a methadone addiction? If you're looking to gain freedom from methadone addiction in Utah, contact us for a FREE assessment opportunity. Here at Pathways Real Life Recovery in Utah, we are dedicated to developing a customized treatment regimen that works for you. We accept insurance and our doors are open 24/7.



**Seeking Methadone Treatment?**

**Call (801)-895-3006**

**Call Now! A caring recovery adviser is available 24/7**

 Pathways

## What Is Methadone?

Methadone is one of the opioid class of drugs, which act upon specific receptor cells in the brain, spinal cord and digestive system to produce an anesthetic effect similar to that of morphine. Opioids are therefore commonly used as pain-killers, but have also been found useful in the treatment of dependency upon opiate derived drugs such as heroin.

## Methadone and Heroin

Methadone is somewhat like heroin in its action upon the opioid receptors. But when taken orally it is slower to reach the brain, and therefore produces both a less intense high and less severe withdrawal symptoms.

Since the 1960s, methadone has been used by treatment programs, specifically approved for the purpose, to help many addicts withdraw from heroin.

## Is Methadone Addictive?

Unfortunately, despite these therapeutic benefits, because methadone is chemically like heroin and other opioids it also carries a significant risk of addiction if it is used for a prolonged period or taken in higher than medically prescribed doses.

## What Are the Symptoms of Addiction?

As with any potentially addictive substance, an individual's neglect of health, family, work or finances may be an early warning sign.

It is also common for susceptible individuals to display unusual anxiety, particularly at the prospect of access to the

drug being removed or restricted. They may also try to hoard additional supplies, perhaps by obtaining them from different doctors or other sources, and may misuse their stock by exceeding the prescribed dose, injecting the drug or combining it with others in an attempt to achieve a more intense high.

Severe withdrawal symptoms such as shaking, headaches, depression, and digestive disorders such as vomiting and diarrhea may also be a sign that an individual has become addicted.

## How Long Does It Take to Get Addicted to Methadone?

Unfortunately, there is no simple answer to this question because individuals vary greatly in their physical and psychological responses to methadone.

Some people, if they adhere strictly to a prescribed treatment regimen, may tolerate its prolonged use without any problem. But individuals who misuse methadone by exceeding the prescribed dose or taking it more frequently than recommended may become addicted within as little as a month or so. Those with a longer history of addiction, or who are also misusing other substances, may display symptoms even more quickly.

## Methadone Addiction Treatment Services

Safe and lasting withdrawal from methadone, as from any other addictive substance, can be very difficult because of the physical and psychological distress which it often involves.

But at the [Pathways Real Life Recovery Center of Utah](#), we know from experience that methadone addiction can be successfully treated using carefully planned, personalized treatment programs overseen by qualified counselors and therapists.

### Our Comprehensive Range of Therapies

- **Detoxification:** This program involves the careful use of detox tapering medication to minimize the side-effects of withdrawal and the risk of relapse after methadone intake has finally ceased.
- **Individual and Family Counselling:** But at Pathways, we understand that medication is only part of the solution. So, we also provide intensive individual counseling designed to help clients address the underlying psychological and emotional roots of their addiction, rebuild their self-esteem and look forward to a fulfilling future.
- **Family Therapy:** Above all, our emphasis is on the importance of avoiding relapse, and we know that family support is vital if clients are to enjoy long-term freedom from addiction. Our treatment programs, therefore, include sessions in which therapists work with clients and relatives in the family home.
- **Complementary Therapies:** Where appropriate, we can also provide a wide variety of other therapies including art and music, Cognitive Behavioral Therapy (CBT) and psychotherapy.

## Pathways is a Methadone Addiction Treatment Center in Utah

Our creative use of these different therapies exemplifies our insistence on treating all our clients as individual human beings with complex emotional needs, and not just a collection of physical symptoms which can be medicated away.

To find out more, contact us on 801-895-3006 or visit [www.pathwaysreallife.com](http://www.pathwaysreallife.com) to arrange a no-obligation initial assessment.

All major insurers are accepted and our care professionals are available 24 hours a day – every day.

