

# Ambien Addiction Treatment in Utah

[pathwaysreallife.com/ambien-addiction-treatment-utah/](https://pathwaysreallife.com/ambien-addiction-treatment-utah/)

If you're battling Ambien addiction, [Pathways Real Life](#) is here to help. Ambien is a sedative prescribed for insomnia. The substance remains the best-selling sleeping drug in the US with most people using for purposes not prescribed. Dealing with substance abuse is a challenging. We at Pathway Real Life do understand that we offer specialized treatment to those suffering addictions. We have skilled therapists, recovery specialists, addictionologists, and other professionals ready to see you through the journey to sobriety. If you or a loved one needs help overcoming an addiction to Ambien, complete the [contact form](#) on this page or call us 24/7 at (801) 895-3006 for more info.



## What Does Ambien Treat?

Commonly known by the brand name Ambien, Zolpidem **is a medication prescribed for the short-term management of insomnia**. It belongs to the class of **sedatives hypnotics**. Ambien functions by impacting the unbalanced brain chemicals among those fighting insomnia. Upon administration, it slows the brain activity bringing a calming and relaxing effect such that the users can sleep soundly.

## Is Ambien Addictive?

**Yes, prolonged administration of Ambien causes a relatively average level of addiction**. Being available over-the-counter, and easily accessible, people tend to use the substance for other purposes other than what's prescribed.

## How Can You Get Addicted to Ambien?

Ambien has a chemical formula that attaches and modifies the functioning of specific brain cells resulting in a feeling of calmness and relaxation. Life pressure and stress, past trauma, and emotional issues are to blame for the widespread self-medication. The non-recommended recreational use of the drug is a growing concern and poses the risk of addiction.

You may be addicted to the drug if you developed prolonged insomnia, exceed the dosages prescribed, developing excessive cravings, quitting paranoia, and stealing the medication from friends and family. More symptoms that can tell you're addicted to Ambien include hallucination, excessive aggressiveness, depression, delirium, convulsions & seizures, suicidal thoughts and attempts, nausea, and behavioral changes.

## Ambien Addiction Treatment Services

If you're a victim of Ambien addiction, we have you covered. [Pathways Real Life in Utah](#) is a [drug rehab](#) center where we provide mental health counseling and guidance through the process of addiction recovery. We've adopted an **Ambien addiction help approach that is not only personalized but also holistic** to help the persons addicted together with their families get over it. Our counseling and treatment encompass a wide array of addictions and depressions. What's more, our team is caring, friendly, and highly-skilled.

## What Does Our Treatment Program Look Like?

To help those addicted to Ambien and other substances, we offer a customized treatment as no two people are

the same. Generally, treatment would entail basic therapies such as;

- **Individual Therapy & Counselling:** People battling Ambien addiction tend to lose self-esteem, and their social life gets hurt. Through our treatment and counseling, we ward off the shame and guilt and instill confidence, help you own the problem and adopt a new way of life.
- **Therapy & Counseling for Family:** We know how challenging it can get to lack support when fighting an addiction. And it gets worse if the family members are unsupportive. That's why at Pathways Ambient Treatment Center, we do most of our therapies alongside family members.
- **Detoxification:** Ambien is addictive and stopping the intake can result in very severe withdrawal symptoms if not handled by professionals. As such, we take our patients through [detoxification](#) centers to guarantee comfort throughout the process.

## **Pathways Real Life Recovery is an Ambien Addiction Treatment Center in Utah**

Do you want to free yourself from the shackles of substance abuse? Pathways Real Life Recovery in Utah has your back. Our ***Ambien addiction help services are personalized*** based on the unique needs of each client. We offer [financing](#) and accept most [insurance plans](#). In case you have any questions, contact our customer care 24/7 on (801) 895-3006.